



Health & Safety Services

WORLDWIDE ENGINEERING, ENVIRONMENTAL, CONSTRUCTION, AND IT SERVICES



CONESTOGA-ROVERS
& ASSOCIATES (EUROPE) LTD

Conestoga-Rovers & Associates (Europe) Ltd

Conestoga-Rovers & Associates (CRA) is an independent environmental consulting firm providing specialist services in Property and Land, Environmental Management and Industrial Operations Support.

The CRA Europe team, headquartered in Nottingham with offices in Liverpool, Reading, and Warwick, delivers services to clients in the UK and Europe. Part of the CRA Family of Companies, the European operations can draw upon the expertise of more than 2,700 staff in all relevant environmental science, engineering, construction, management, and IT disciplines.

Health & Safety Services

CRA has over 30 years of experience in providing Health & Safety (H&S) advice and assistance to clients representing a wide range of business sectors. Our services are in demand to address the increasing concerns regarding legislative compliance, employee safety, occupational health, regulatory impact on business operations, and how these issues can be addressed in a cost-effective manner.

CRA's highly qualified personnel have extensive knowledge of all aspects of occupational H&S, which allows us to provide our clients with comprehensive H&S support. CRA is also an Associate Member of the Chemical Industries Association (CIA) and frequently liaises with regulatory authorities on behalf of clients and CIA members.

CRA's behaviour-based H&S programme, which is called SMART (Safety Means Awareness, Responsibility,

Teamwork), provides the foundation for continuous improvement of an organisation's safety performance. The SMART programme engages the workforce as a whole in the prevention of loss and modification of unsafe behaviours. SMART also emphasises the importance of a sustained and consistent H&S management approach during daily activities.

CRA's H&S Services include:

- *Informed Guidance on European and UK H&S Legislation (current and emerging) and the resulting requirements*
- *Regulatory Compliance Auditing*
- *Construction Design and Management (CDM) Coordination*
- *HAZID/HAZOP Chairman*
- *Safety Integrity Level (SIL) Assessment*
- *REACH Compliance*
- *COMAH/PHS Compliance*
- *DSEAR Compliance*
- *OHSAS 18001 Management System Implementation*
- *Behaviour-based H&S SMART Programme*
- *Customised H&S Training*
- *Cost-effective Outsourced Environmental, Health, and Safety (EHS) Services*



Offices in: Atlanta, Austin, Baton Rouge, Belém, Belo Horizonte, Boston, Buenos Aires, Buffalo, Calgary, Cape Canaveral, Charles City, Charleston, Charlotte, Charlottetown, Chicago, Cincinnati, Dallas, Denver, Detroit, Edison, Emeryville, Eureka, Everett, Fort Myers, Fredericton, Fresno, Grand Forks, Green Bay, Halifax, Hilton Head, Houston, Indianapolis, Irvine, Kalamazoo, Kingston, Lansing, Lawrence, Lexington, Liverpool, London, Manaus, Midland, Monterrey, Montréal, Nashville, Niagara Falls, North Platte, Nottingham, Oklahoma City, Omaha, Orlando, Ottawa, Owen Sound, Pensacola, Peterborough, Philadelphia, Phoenix, Pittsburgh, Plainville, Québec City, Reading, Rimouski, Rio De Janeiro, Rochester, Roseville, Salvador, Sandusky, São Paulo, Sault Ste. Marie, Savannah, Shreveport, Sonoma, Springfield, St. Catharines, St. John's, St. Paul, Stockton, Sydney, Tacoma, Tampa, Toronto, Tucson, Tulsa, Vancouver, Warwickshire, Waterloo, West Palm Beach, Windsor

H&S Regulatory Support

CRA has considerable knowledge of European and UK H&S legislation and is experienced in the interpretation of existing and new legislation with respect to the potential impacts on our clients.

CRA frequently liaises with the regulatory authorities on behalf of our clients and CIA members to determine how new legislative requirements will be enforced. This allows us to provide informed guidance to clients regarding their options for achieving and maintaining compliance; our guidance may cover areas such as:

- REACH
- CHIP
- COMAH
- Planning (Hazardous Substances)
- COSHH
- Stress Management
- Management of Health and Safety (Risk Assessment)
- Manual Handling
- Work at Height
- HAZOP and SIL Assessments

CDM Coordination

The new Construction Design and Management (CDM) Regulations 2007, which came into force in April 2007, apply to almost all common building, civil engineering, and engineering construction work, particularly if these activities are expected to last in excess of 30 days or involve more than 500 person days of construction-related work.

CRA is experienced in working under CDM Regulations and offers the following CDM coordination services during construction, abatement work, decommissioning/demolition, and redevelopment of installations:

- Notifying the HSE of the project
- Planning stage coordination of H&S
- Preparing a pre-construction H&S plan
- Monitoring all contractors on site during the construction phase to ensure compliance with applicable H&S regulations
- Documenting all visits, audits, and inspections

Training

CRA believes that employees are a company's most valuable asset and that they deserve to practice their profession in a safe working environment. H&S is a high priority in today's litigious environment because many employers recognise the value of minimising the impacts of injury and ill health within their workforce.

Training plays a crucial role in ensuring that employees understand their duties and responsibilities within a company's framework. CRA's behaviour-based H&S SMART programme emphasises the importance of sustaining H&S management during daily activities.

CRA provides bespoke behaviour-based training and awareness training for all activities to educate and inform employees.

Training services include:

- Behavioural safety
- Environmental Awareness (e.g., IPPC, ISO 14001)
- COSHH
- Risk Assessment
- Work at Height
- Kinetic Handling
- Business Continuity Management
- Integrated Management Systems
- Civil and Asset Liability
- Human Factors in EHS Management/Process Safety

Outsourcing

CRA provides EHS personnel for a variety of clients with a range of outsourcing requirements and a variety of problem areas.

CRA's outsourcing solutions include:

- Temporary support during a leave, absence, or during recruitment
- Part-time support for small- to medium-sized enterprises
- Full-time and part-time multi-location support
- Specialised EHS services (e.g., HAZOP and SIL Assessments)
- Single-day, high-value work to assist in understanding environmental issues and setting a path for future improvements
- Training and mentoring programmes for site managers or newly qualified H&S practitioners



30 Years of Consulting!



The way we have always been...
The way we will always be.

CRA was founded on a philosophy of providing Client Focus and Technical Excellence through Teamwork. We thank our Clients for the opportunity to demonstrate the quality of our work on their projects and we thank our staff for upholding this standard over the past 30 years.

We are proud of our achievements and look forward to remaining active and respected members of the communities in which we work.

From CRA's initial involvement in the Love Canal project in New York in the late 1970s to our more recent diverse portfolio, we have established a solid reputation for excellence in environmental consulting.

CRA offers comprehensive support for industry and organisations dealing with the management of environmental liabilities, regulations and broader sustainability issues.

CRA has always respected its clients' mandate of cost-effective environmental responsibility with careful regard for the protection of the public and the environment.

Some of Our Areas of Expertise:

Energy and Carbon Accounting
PPC Applications and Permit Management
Improvement Studies
BAT Assessment and Reporting
SPMP
Air Emissions Assessments
Brownfield Redevelopment
CSR, Sustainability and Reporting
Outsourced Environmental Management
Corporate Risk Management
Renewable Energy

EIA/SEA
Due Diligence and Compliance Auditing
EMS / Integrated Systems
Environmental Site Assessments
Environmental Training
Geo-Environmental Investigation
Liability Risk Transfer
Soil and Groundwater Remediation
Risk Assessment
Water and Waste Minimisation
Health and Safety Management



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